### CCS WELLNESS INITIATIVE

# Annual Report 2020 - 2021



### **OVERVIEW**

**Cumulative Participation** 



5,414

[34 % increase from 2019-2020]

**New Participants** 

**+** 2,752

[308 % increase from 2019-2020]

Certified Participants

69 %

[6 % increase from 2019-2020]

100%

of all assigned employee work locations participated

Unique Participants



**3,413** 

[172 % increase from 2019-2020]

Returning Participants



661

[14 % increase from 2019-2020]

Classified Participants

31 %

[6 % decrease from 2019-2020]

#### **Greatest Participation**

Central Enrollment Center 17th Ave. 3700 S High Huy/AG Bell ES Ft. Hayes Bus Compound **Hudson Distribution Center** Moler Transportation Center





# The CCS Wellness Challenge

Get Healthy, Stay Safe, and Be Ready

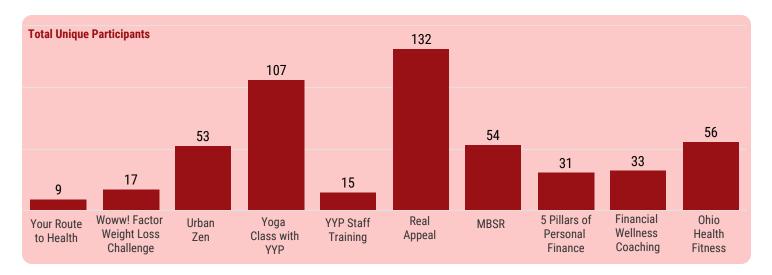
## TOTAL PARTICIPATION

Activity	Total Employees Who Completed Activity	% of All Participants that Completed Activity
1) Receive Annual Flu Shot	2993	88 %
2) Complete UHC Health Survey	587	17 %
3) Check in on Your Health: Preventative Care	184	5.4 %
4) Watch Choosing Care Video	205	6.0 %
5) Schedule a Health Coaching Appointment	16	0.5 %
6) Participate in a Virtual Wellness Program	430	12.6 %
7) Watch 9 for Spine Video	190	5.6 %
8) Take 10-15 Minutes for Self Care	112	3.3 %



3,413
Employees
participated
in at least
one activity

## VIRTUAL WELLNESS PROGRAM PARTICIPATION



### **EMPLOYEE ENGAGEMENT**

